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SUNGEI TENGAH LODGE

1. Opening of Fitness Hub at GYM 2



On 3 November 2025, Sungei Tengah Lodge proudly unveiled the Fitness Hub, reinforcing our commitment to the health and well-being of our residents. This modern facility offers a safe, welcoming space for exercise, empowering residents to build confidence and embrace positive daily routines. Whether you're taking your first steps toward fitness or continuing your journey, the Hub promotes inclusivity, respect, and a culture of mutual encouragement, making wellness accessible to all.



2. STLodge and Phan Nee outreach to SPD

Sungei Tengah Lodge partnered with Phan Nee Supermarket to support the Society for the Physically Disabled (SPD), reaffirming our belief that care extends beyond our lodge into the wider community. This initiative emphasized creating pathways for employment opportunities, skill-sharing, and mutual support for individuals with disabilities. Through this collaboration, residents and staff learned how inclusive hiring practices and workplace accessibility can empower individuals, while gaining insights into strategies that promote equal opportunities. Together, we aim to make STL a model for inclusivity and meaningful employment support.



3. Medical Screening by The Wandering Dervishes

On 9 November 2025, STL also collaborated with NGO, The Wandering Dervishes to bring preventive care closer to residents through on-site medical screening. The team provided basic health checks and practical guidance on wellness, hydration, and rest, especially vital for workers with demanding schedules. Residents appreciated the friendly approach and the emphasis on early detection and follow-up care pathways, reinforcing our commitment to holistic well-being.



4. Singtel Roadshow



STL partnered with Singtel to set up 5G upgrade booths every Saturday and Sunday throughout November, giving residents the convenience of upgrading their mobile plans right within the dormitory. The outreach team provided easy-to-understand guidance on data packages, international calling options, and device compatibility, helping residents stay connected with their families back home.



5. SMU Cultural Exchange Session

On 17 November 2025, students from Singapore Management University (SMU) brought fresh ideas and vibrant energy to Sungei Tengah Lodge through Project Candela. This initiative focused on fostering creativity and community engagement among residents, featuring interactive sessions, problem-solving activities, and cultural exchange. The collaboration highlighted the importance of partnerships between educational institutions and dormitory operators in enhancing well-being and promoting inclusivity.



6. Cricket Tournament 2025



Sungei Tengah Lodge proudly hosted its highly anticipated Annual Cricket Championship on 30 November 2025, a celebration of sportsmanship and community spirit. The tournament featured multiple teams representing diverse communities, drawing enthusiastic crowds who cheered passionately for their favourites. Beyond showcasing athletic talent, the event highlighted the vibrant cultural unity that defines STL. After a series of thrilling matches, Team Friends Cricket Club (FCC) emerged victorious, lifting the coveted STL Cricket Trophy and taking home the grand prize of \$1,000. Congratulations to the champions for their outstanding performance!



7. Singapore Duck Tours



On 30 November 2025, Sungei Tengah Lodge collaborated with Hwa Chong Institution's Project Integrate to organize a memorable Duck Tour for our residents. The Duck Tour provided participants with a unique opportunity to explore Singapore's iconic landmarks by land and water, fostering cultural exchange and creating lasting memories. The event was made possible through the dedication of Hwa Chong students and STL's support in coordinating logistics and ensuring a smooth experience for all.