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Content

1. Urine Testing by MOM & CNB
2. Trivia Night by Project Candela
3. Badminton and Games by Project Integrate
4. Vegetable Donation Drive
5. Ramadan & Hari Raya Puasa Observances
6. Flee Market by Phan Nee
7. Visit to Kampong Glam
8. Upskilling Session (English Learning)

SUNGEI TENGAH LODGE

1. Urine Testing by MOM and CNB



As part of STL's ongoing efforts to maintain a safe, healthy, and drug-free living environment, STL initiated and conducted random urine testing exercises within the dormitory. These tests were carried out in collaboration with the Ministry of Manpower (MOM) and the Central Narcotics Bureau (CNB) to reinforce deterrence, compliance, and awareness among residents.

2. Trivia Night Activities by Project Candela

To enhance social interaction and mental well-being among residents, STL collaborated with student volunteers from Singapore Management University (SMU) under Project Candela to organise a Trivia Night on 15 March 2026. The session featured interactive games and light refreshments, providing residents with an enjoyable platform for learning, cultural exchange, and community bonding.



3. Badminton Tournament and Games by Project Integrate



Under STL's health and active living programme, STL partnered with student volunteers from Hwa Chong Institution (HCI) to conduct badminton and recreational game sessions on 1 and 8 March 2026. These activities promoted healthy lifestyles, teamwork, and positive engagement among residents. The presence of the student volunteers created a positive and engaging atmosphere throughout the event. Residents were able to connect, build friendships, and strengthen community bonds.



4. Vegetables Donation Drive



As part of STL's resident welfare and nutrition support efforts, STL worked with Reach Out Charity to organise a vegetable donation drive. More than 3,000 packets of organically farmed vegetables were distributed on 20 and 31 March 2026, supporting residents' daily nutritional needs.

5. Ramadan and Hari Raya Puasa Observances

During the holy month of Ramadan, daily prayer sessions were held across all clusters at STLodge, bringing residents together in reflection and devotion. These gatherings fostered a strong sense of community and spiritual connection among residents and staff. As the month came to a close, the atmosphere shifted to one of joy and celebration in preparation for Hari Raya Puasa. Residents and staff came together to mark the occasion with warmth and unity. The celebration was filled with shared moments of happiness, mutual respect, and cultural appreciation. It was a meaningful time that strengthened bonds and promoted harmony within the community. Overall, the Hari Raya celebration highlighted the spirit of togetherness and inclusiveness at STLodge.



6. Hari Raya Flee Market

In conjunction with the festive season, STL collaborated with supermarket partner Pham Nee to organise a Hari Raya Flee Market within the dormitory. The initiative provided residents with convenient access to festive essentials and added vibrancy to the Hari Raya celebrations. Residents enjoyed the convenience and festive spirit while connecting with one another. Overall, the flea market added warmth and excitement to the Hari Raya celebrations.



7. Visit to Kampong Glam



As part of STL’s cultural and community exposure initiatives, STL partnered with HCI volunteers to facilitate a guided visit to Kampong Glam. The visit allowed residents to gain a deeper appreciation of Singapore’s multicultural heritage and historical landmarks.

8. English Learning & Upskilling Session

To support residents’ personal development and workplace communication, STL collaborated with HCI student volunteers to conduct English learning and upskilling sessions. These sessions helped residents strengthen their English proficiency and everyday communication skills.

The programme also helped build confidence in using English at work and in daily life. Overall, the initiative supported personal development and better communication among residents.

