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SUNGEI TENGAH LODGE

1. Peer Support Leadership (PSL) Training



On 19 July 2026, STL partnered with the Migrant Workers' Centre (MWC) to conduct a Peer Support Leadership Training programme for 27 resident leaders. Through this collaboration, participants were equipped with practical skills in communication, leadership, conflict resolution, and peer support.

This initiative reflects STL's commitment to nurturing resident leaders who can serve as trusted points of contact within the lodge community. By working closely with MWC, STL continues to strengthen support networks among residents, creating a more caring, resilient, and connected living environment where workers can look out for one another and seek assistance when needed.

2. Upskilling English Class Partnership with Hwa Chong Institution -Project Integrate



STL continued its efforts to promote lifelong learning by collaborating with Hwa Chong Institution (HCI) to conduct an Upskilling English Class on 12 July 2026.

Language proficiency plays an important role in helping migrant workers communicate effectively in the workplace and integrate into the wider community. Through STL's partnership with educational institutions and volunteer educators, residents were given the opportunity to improve their conversational English skills, build confidence, and enhance their ability to navigate daily life in Singapore.



3. Distribution of Oral Care Kits and Basic Health Screening with SATA

The health and well-being of residents remain a key priority for STL. On 9 July 2026, STL collaborated with SATA to organize a community health outreach programme featuring the distribution of oral care kits and basic health screenings.

The programme provided residents with essential oral hygiene products and access to preventive health services. Through this partnership, residents received valuable health education and were encouraged to adopt healthy habits that contribute to their overall well-being.

STL appreciates SATA's continued support in bringing healthcare services directly to our residents and helping to promote a culture of health awareness within the lodge community.



4. Racial Harmony Day at Discovery Centre



In support of Singapore's values of multiculturalism and social cohesion, STL partnered with MOM's Assurance, Care and Engagement (ACE) Group and HOPE to organize a Racial Harmony Day outing to the Discovery Centre for 50 residents.

The programme provided residents with an opportunity to learn more about Singapore's multicultural heritage while interacting with fellow participants from diverse backgrounds. Through educational exhibits, team activities, and cultural engagement, residents gained a deeper appreciation of mutual respect, understanding, and harmony.



5. Sports and Recreation Activities

On 26 July 2026, STL worked together with Hwa Chong Institution to organize a Sports and Recreation Programme accompanied by a complimentary dinner for residents.

The event brought residents together through friendly sporting activities that encouraged teamwork, healthy living, and positive social interaction. Beyond physical wellness, such programmes provide valuable opportunities for residents to build friendships, relieve stress, and strengthen community bonds.



6. Meet the People Session by MWC

On 30 July 2026, STL collaborated with MWC to conduct a Meet-the-People Session, providing residents with direct access to advice, information, and support on matters relating to employment, welfare, and other concerns.

The session exemplifies STL's commitment to ensuring that residents have access to reliable channels of communication and assistance. By bringing service providers and residents together, STL helps facilitate timely support, strengthens trust, and ensures that residents remain informed about the resources available to them.

Such engagements play an important role in promoting resident welfare and reinforcing STL's people-centric approach to dormitory management.

